## PAGODA RED









## **TIBETAN SINGING BOWL**

## \$328

c. 1850 • Tibet • Brass • Collection #KG001C H: 3.5" Dia: 8.25"

This 19th century singing bowl from Tibet was traditionally used for meditation. It is hand-formed from eight mixed metals including copper, tin, iron, lead, zinc, gold, silver and mercury. The eight metal alloy together produces a deep, rich sound when a wooden stick circulates around the rim of the bowl. Buddhist monks incorporate this sound into healing and meditation practice. We enjoy using it in a simple and modern way for fruit, nuts or sweets.