PAGODA RED









TIBETAN SINGING BOWL

\$328

c. 1850 • Tibet • Brass • Collection #KG001B H: 3.25" Dia: 7.0"

This 19th century singing bowl from Tibet was traditionally used for meditation. It is hand-formed from eight mixed metals including copper, tin, iron, lead, zinc, gold, silver and mercury. The eight metal alloy together produces a deep, rich sound when a wooden stick circulates around the rim of the bowl. Buddhist monks incorporate this sound into healing and meditation practice. We enjoy using it in a simple and modern way for fruit, nuts or sweets.