PAGODA RED









TIBETAN SINGING BOWL

\$228

Nepal • Alloy • Collection #PR0284 H: 2.75" Dia: 5.75"

Crafted by a contemporary Tibetan artisan, this singing bowl was traditionally used for meditation. It is hand-formed from eight mixed metals including copper, tin, iron, lead, zinc, gold, silver and mercury. The eight metal alloy together produces a deep, rich sound when a wooden stick circulates around the rim of the bowl. Buddhist monks incorporate this sound into healing meditation practices. We enjoy using it in a simple and modern way for fruit, nuts or sweets.